



SURVIVAL MODE

Let's talk about it
from a male
perspective

QUARTERLY NEWSLETTER

SURVIVING

Surviving life
challenges from
An Overseers
point of view

Survival to PEACE

Finding the
peace within
you



THE SURVIVAL KIT



THE SURVIVAL KIT
By Elder Sabrina R. Penn, Editor and Chief



In this day and time, we all are doing what is needed to survive. In the biblical sense, the word survival means that you are still alive. However, good old Webster defines it this way; to remain alive or in existence, to continue to function or to continue to exist or live. Too many people live like this; they continue to exist or function; they are still alive and breathing, but that is all about it. Isaiah 45:22 brings a message of hope and encouragement to those who are going through difficult times. It reminds us that God is the only trustworthy source of salvation and protection and that we can find safety and security by turning to him and relying on his power. Galatians 2:20 (NIV) states, *"I have been crucified with Christ, and I know no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God who loves me and gave himself for me."*

This verse helps us to understand that we no longer live our lives through our efforts or desire but rather through Christ, who has taken up residence in our hearts. We can live a new life because of our faith in Jesus which is empowered by his love and sacrifice. God wants us to do more than survive; he wants us to thrive. God said that He came so that we may have life and have it abundantly. In other words, Jesus does not want us to have an ordinary, mediocre life; instead, he gives us abundant life. He has given us the ability to thrive.

MY SURVIVAL JOURNEY TO PEACE



Article Written By: Evangelist, Moniette S. Laury
Visionary & CEO of Sara Sara Beauty & Jewels

Praying my way from a major stroke to my peace journey.

My peace journey began on Friday, May 31, 2019; as midday approached, Satan tried to end my life with a hemorrhage stroke. I thank God for my husband's calm, attentive, and quick actions coming straight home saved my life. At the time, I thought I was walking in my freedom from all the stress and circumstances of life. However, the damage of worrying, anxiety, and medical conditions, consumed my body. The control panel was no longer within my reach—I had lost control. I needed God to rescue me from the pressures of life. I was in the state of enough is enough releasing everything.

God had encamped his Angels all around me. My daughter had recorded the move of God as he was saving my life and ministering to me on my healing bed. My daughter told me that as the nurses worked on me, I prayed, spoke in my heavenly language, and sang praise songs. My family and friends joined me, praying, singing, and trusting God for my full recovery.

Little did I know that God had another plan for my life. He was preparing me for this

journey to walk in peace long before it occurred. I realized that I had to be willing to release to receive and walk in peace. See, we must be ready to empty (make room), so we can walk in the abundant joy and inner peace we genuinely desire.

As I let go and embarked on my healing process, God downloaded the P.E.A.C.E. action plan I shared with you.

My P.E.A.C.E. Action Plan

- **Position Yourself**
I pray daily to God for the things that concern my health and personal life. There is still more for you. Be encouraged in daily prayer and praise & worship. They keep you anchored in an intimate relationship and posture in God.

John 14:6 NKJV
Jesus told him, “I am the way, the truth, and the life. No one comes to the Father except through me.”

- **Equip Yourself for Battle**

As women, we wear many hats as mothers, grandmothers, aunts, and godmothers, praying for our family and friends through life's different circumstances and conflicts. We must stay prepared for the battle through daily intercessory prayer.

Ephesians 6:13

Therefore, put on the whole armor of God so that when the day of evil comes, you may be able to stand your ground and, after you have done everything, stand.

- **Access**

Receive God's Peace through His Access.

Every day we face fear, stress, brokenness, depression, marriage, and family issues; however, our Father God has given us a way of escape to approach His throne. We have access. We can draw closer to him through faith and prayer, stay in his presence, and walk in his peace.

James 4:8 KJV

*Draw nigh to God, and he will draw nigh to you.
Cleanse your hands, ye sinners, and purify your hearts, ye double-minded.*

- **Clarity in God**

The clarity in God gives us wisdom and clearance to go to him for every concern in life. It keeps your mind

and heart flowing in loving and understanding God's Word and promises.

1 Corinthians 14:33

God is not a God of confusion but of peace. God promises understanding and wisdom if we ask.

- **Everlasting Love of God**

God loves his sons and daughters with an intimate and everlasting love. We are his vessels walking in his passion, confidence, wisdom, and strength, building up the Kingdom of God. What a Masterpiece.

Ephesians 2:10

We are God's workmanship, created in Christ Jesus for good works, which God had prepared before we were even born.

In closing, I encourage you to embrace your PEACE journey TODAY.

Affirm to yourself daily...

I walk in Peace.

I walk in Harmony.

I walk in God's Confidence

I am in Position.

I am Loved.

I am Free.

SURVIVING

AN OVERSEER POINT OF VIEW

Article Written By Overseer Malicia M. Campbell
Senior Pastor and Founder of Visionary Christian Life Center Inc.



I bring you greetings in the name of our Lord and Savior, Jesus Christ. When I think about the word survival, I immediately praise God. I know that without him, I would not be here to share with the world how great of a God he truly is. I serve as a witness to his greatness based on my life's testimony and genuinely knowing that he is the reason I survived all I have had to endure. I often hear others compare my life to that of Job. From having my son murdered in 2013, my son innocently locked away in 2014 at 16, my husband killed in a car accident in 2015, to burying my 6-month-old grandson in 2019, and so on. Following my son's death in 2013, I suffered from significant depression, giving up on life, and in that same year, I suffered a suicide attempt. I remember being at a place in my life not wanting to survive. The enemy attacked me at the most vulnerable time in my life. Please make no mistake about it; he still operates in this manner. But little did he know that this time of not wanting to live, he would awaken the survivor in me. As I lay in the hospital unaware and giving up on life, people of God, this is when God spoke life to me. It was then he revealed the assignment he had on my life; for that reason, I couldn't die but had

to survive. I had to endure the pain, the tears, and the depression and live even for this very moment to encourage someone who may be on the verge of giving up. There is a survivor in you. Survival is in your prayer; survival is in your praise and worship, but most of all, survival is in your Faith. Job lost much, but he never lost his faith in God. I share more of God's goodness as a three-time International Author of "My Struggle, My Pain, My Victory," The Malicia M. Campbell Story, "Cancel the Funeral, I've Decided to Live," and "Damaged but Still Good." Now, I am Pursuing my Doctorate Degree and owning an Online Boutique, "Fresh as I Am Boutique." As a mother of four exceptional children, Garionte, Tyrent, Zyriah, and one deceased son Lintravious, a blessed grandmother of six and awaiting number seven's arrival, where I presently reside in Hope Mills, NC, I hold a bachelor's degree in nursing and currently working as an RN Assessor for the state of NC; I encourage you to allow God to awaken the survivor in you. I survived the very things that were sent to destroy me. And I speak Prophetically to your spirits, "YOU SHALL SURVIVE ALSO"! I am praying for you all.



The Apostle SPEAKS

Written By: Apostle Dr. Valerie Jackson
Healing The Nations Global Ministries

Dearly Beloved Body of Christ ... I want to encourage you on this complex journey; I say complicated because you will experience many bumps and bruises, scars and wounds, as well as afflictions and days of weariness, but one thing I want you to remember is that many are the afflictions of The Righteous, but Lord has promised to deliver us out of them all. We know that afflictions mean something that causes pain or suffering. If you've been on this journey long enough, you've felt many pains and have experienced sufferings for the sake of Jesus Christ, your Call, Mantle, and Anointing. We must not faint but draw closer depending on the power within us. The Holy Spirit, our Advocate, Our Present Helper, will always lead and guide us into all truth! Stay Grid up with His word, which is The Sword of The Spirit, which is our Weapon of defense in battle ... we must learn to wield our weapon in the time of trouble...The

Breast Plate of Righteousness shields a warrior's vital organs from blows that would otherwise be fatal. This is the righteousness of Christ, imputed by God and received by faith, which guards our hearts against the accusations and charges of Satan and secures our innermost being from his attacks. We must keep our feet shod with the Gospel of Peace, meaning in ready position always prepared to take the Gospel into all the world and reclaim Souls from Satan's Kingdom with the Good News of Jesus Christ as a weapon against Confusion. As Soldiers of The Lord, we must keep The Shield of Faith; when we bear the shield of faith, Satan can cast all the aspersions, doubt, and dismay he wants, but they will be ineffective. *Isaiah 54:17, "No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the Lord, and their righteousness is of me, saith the Lord."* The Shield of Faith allows us to remain standing against all the fiery darts sent against us by Satan and his army. No matter what, we must always keep our heads covered with The Helmet of Salvation to protect our minds from the lies of Satan and vain imaginations that want to exalt themselves against the knowledge of God; it protects us from being confused by false doctrines, witchcraft, etc. Last but never least, praying in The Spirit will give you strength and insight in discerning what's ahead of you on this complex journey. Jude 1 tells us to pray in the spirit as this continuously builds up our inner man, that we have Supernatural insight and the stamina to stand. We must continue to build up the inner man and protect and guard our spirit from contamination. Jude 1: **20** But you, beloved, build yourselves up on [the foundation of] your most holy faith [continually progress, rise like an edifice higher and higher], pray in the Holy Spirit, **21** and keep yourselves in the love of God. I pray that The Lord will continue to have His Angles on guard to watch over you and your loved ones in Jesus Christ's name.

In Him,
Apostle Dr. Valerie Jackson

I AM PURPOSE



Survival Mode A Man's Perspective

**Article Written By: Motivational Speaker, Joseph Gause
(Founder of Purpose & Resilience)**

Survival mode: let's talk about it, but first, let's look at what survival mode is. Survival mode is simply enduring how you can stand a perceived threat or harsh times. When a hurricane hits with its powerful winds, your survival mode kicks in; you go in the basement, the storm passes, and now you're down in thriving mode. Thriving mode is simply clicking the switch from surviving the perceived threat and moving forward. So, how does someone sit in their survival mode for prolonged periods and make it a lifestyle? Simple; it starts with their environment. Most of us in the American culture grow up living in harsh times and conditions, whether from the hood, physically abusive parents, emotionally abusive parents, and environment. We grow up in that condition and deal with it 24/7, 365 days a year, and the mind says I must survive this environment. For long periods, the mind automatically thinks that this is it. Nothing is better than this, so it throws away everything a person needs, like God, love, attention, nurturing, caring, compliments, and accomplishing awards that bring happiness and joy. The mind says I don't need this or that; I need to learn how to survive for today, and we grow

up like this every day, trying to figure out how we will survive the next 24 hours, not the next 24 years. So as men, we begin to think this is how it is. We grow up, get a job, and never turn on what we need and should require, like love, attention, affection, and dreams. We only imagine having those things that we gave away and sacrificed because we need to survive our environment. This is hard because as men get older, we still struggle with the trapped little boy inside of us who wants to get away. They want to cry out and say I deserve to be loved, I deserve to be nurtured, and I deserve to be cared for. The cycle repeats itself over and repeatedly, never knowing what it is doing or where it is going because it was never given examples of what it is to be in a thriving mode. The light switch always stayed in survival mode, and as a man, that's hard because the world it's not built that way. Prolonged exposure to survival mode conditioned our minds to think it does; that we don't deserve love, that we don't deserve someone caring for us, that we don't deserve these things. Sadly, most men live like this only to become the provider. They think that the only thing they can do is serve someone else, and they put themselves last. This is where man's destruction happens inside of himself because their survival mode is all they know. They have conditioned themselves to think that they no longer matter. The only thing on their mind is if I can get someone out, if I can get my kids to college if I can get my wife to a better place; all along, they forget about themselves, still stuck in survival mode, never believing that they deserve someone who cares beyond what they can do for them. This is the problem; this is the issue. Until we're no longer living in that environment, most people in their minds and men are still in that same mindset. But you can be free; walk right out the door in your mind and say no longer do I want to live like this. I want to thrive in my life. I deserve and want to see these things (love, care, devotion, nurturing, peace) instead of providing them to other people. You can do it, but you must want to get away and no longer continue to walk in constant survival mode but live in thriving mode. You deserve it, walk away.



GOOD EATING

By Elder Sherronda Ross-Brown
(Something Delightful Empowerment for Women)

Easy Summer Pasta Salad



Ingredients Needed

TRI-COLOR RONTINI PASTA
CHERRY TOMATOES
CUCUMBERS
RED ONION
BLACK & GREEN OLIVES
BELL PEPPERS-GREEN, RED, YELLOW,
ORANGE
CUBE CHEESE (COLBY JACK) OR YOUR
CHOICE
INTALIAN SEASONING
SALT, PEPPER, PARARIKA
OLD BAY SEASONING (OPTIONAL)
ZESTY INTALIAN DRESSING
RED WINE VINEGARETTE
FETA

OPTIONAL ITEMS CAN BE ADDED TO YOUR PASTA
BROCCOLI
GRIILED CHICKEN BREAST
PEPPERONI OR
TUNA

Directions

BOIL NOODLES ACCORDING TO BOX
ADD A PINCH OF SALT AND DRIZZLE SOME OLIVE OIL IN WATER TO PREVENT STICKING. COOK PASTA TO TENDER. DRAIN IT AND RINSE IT WITH COLD WATER. NEXT COMBINE IN A LARGE MIXING BOWL THE COOKED PASTA, ADD OLIVES, MIXED BELL PEPPERS SLICED CUCUMBERS, DICED ONIONS, CHERRY TOMATOES, AND CUBES CHEESE
DRIZZLE HALF THE ITALIAN DRESSING OVER THE TOP AND TOSS UNTIL EVERYTHING IS WELL-COATED
ADD SEASONING AND FETA ON TOP FOR GARNISH .
CHILL. COVER THE BOWL AND PLACE THE PASTA SALAD INTO THE REFRIGERATOR TO CHILL FOR AT LEAST 2 HOURS SO THE FLAVORS CAN MELD TOGETHER.
CHILLED DRIZZLE A LITTLE BIT OF THE RED WINE VINEGARETTE IT GIVES IT A LIL KICK.ALSO, YOU MAY ADD THE ADDITIONAL OPTIONAL ITEMS ONCE PASTA HAVE CHILLED.

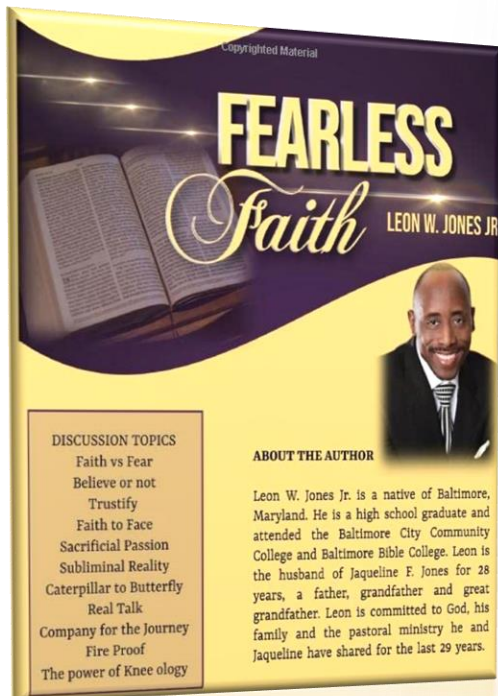


BUSINESS SPOTLIGHT

Delvenia Fowlks
(CEO of No Effect Accounting, Inc.)

Delvenia Fowlks loves the business and accounting world and believes in improving people's lives. As the Founder of No Effect Accounting, which is more than an accounting service, Delvenia's main goal is to take the effort of preparing and filing taxes, creating a business, or starting a ministry and implementing it off you. She has taught budgeting for churches, audited nonprofits, for-profits, and government agencies and provided accounting and bookkeeping training and services to organizations and individuals. Regarding these things, she wants to make your life a little easier. No worry, no stress. 1st Peter 5:7 says, "Cast all your cares upon HIM; for He careth for you." Having her MBA from the University of Baltimore, and over 20 years of industry experience, helps her review the situation and come up with a solution. Understanding biblical principles of Business and Finance and applying them can help you live life more abundantly. Her vision is to continue partnering with other nonprofits to teach, help, encourage, and inspire those who create and build wealth. To live life in abundance. She knows that you can do great things! You will soar, and your business and ministry will soar! Delvenia is in partnership with Helping Others Win (H.O.W) Ministry, Inc., under the leadership of Elder Renee Laws. She is a mother of 2 sons, Nana to her granddaughter, and a mother in love with her daughter-in-law.

BOOK SPOTLIGHT



“FEARLESS FAITH”

Book Written By Leon W. Jones Jr.

If we were honest, we could admit that many of us have allowed fear to rule our hearts and control our thoughts. Some of our decisions and choices have resulted from our worries and have crippled our faith which has caused a lack of confidence, hindered us from pursuing dreams and visions, and limited God's ability to perform great and mighty works. Fearless Faith is a plain and clear written short-read book for anyone who believes in God but struggles to overcome these challenges because of fear. Based on the author's walk with God for over 40 years, he revealed some of his downfalls from walking in fear and not by faith. Even though we say, God can and will do everything according to his purpose and promises, too many of us have a tough time believing it. This book addresses those concerns. Fearless Faith might not make you laugh or cry, but prayerfully it will encourage you to have a greater belief, love, trust, and faith without fear in the God who can more than keep his word.



A LETTER TO YOU

(An Unknown Author)

"This letter is to you.

The you that's had a rough week. The you that seems to be under constant storm clouds. The you that feels invisible. The you that doesn't know how much longer you can hold on. The you that has lost faith. The you that always blames yourself for everything that goes wrong. To you.

You are incredible. You make this world a little bit more wonderful. You have so much potential and so many things left to do. You have time. Better things are coming your way, so please hang in there. You can do it."



THANK YOU ALL!!!

Thank you all for your contribution to this Newsletter. Your revelations of what God has placed inside of you to share with our readers are impactful, encouraging, and certainly a blessing to all who will read these articles. I pray that you have unprecedented favor upon your life; great health, enormous wealth, and riches for your household.

“The amazing grace of the Master, Jesus Christ, the extravagant love of God, the intimate friendship of the Holy Spirit, be with all of you,” 2 Corinthians 13:14 (Message Bible)